



Lompoc-Vandenberg Inc. (CA) Branch

From Dianne's Desk....

Our first February meeting is the AAUW Central Coast Fellows Luncheon on Saturday, February 7th at 11:30 am at the Santa Maria Country Club! We always have last minute cancellations, so please call me if you decide you can join us. There might be a ticket for you!

Our second meeting is a Healthy Gourmet luncheon on Saturday, February 28 at 11:30 at Providence Landing. We will be making a healthy dish to share with a copy of the recipe, in case you want to make it. Our speaker, Melinda Reed, will give us nutrition advice to keep us healthy and energetic. Read more on page 5 and please join us.

Coming events include "Equal Pay Day" on Tuesday, April 14th! We will be brainstorming ideas for this event at our February 3rd Board meeting. Please join us or call me with your ideas.

Please save Friday, May 1st for our Annual meeting and potluck. And don't forget the AAUW Convention in San Diego June 18th-21st!

Have you visited our national AAUW website lately? Click <http://www.aauw.org/> and read all about AAUW and what is happening! You will need your member number found at the top of your mailing label on "AAUW Outlook" to sign in. Then you can access the Member Tools section listed at the bottom of the page. You can enter the Membership Services Database to pay your dues and edit your membership information.

Please join us for our New Member event on Friday, February 6 at 5:30 pm. See page 4 for details. Hope to see you soon! Thanks for being a member!

Dianne Owens, President

News & Events

AAUW-CA: Election Information

There have been some changes since the publication of the Winter 2015 issue of California Perspective. This information supersedes that which was published in the newsletter. The current candidates for office are as follows:

President Elect

Donna Mertens

Secretary

Deanna Arthur

Chief Financial Officer

- 1) Pat Ferrer
- 2) Helene Carr

Director (3 seats to fill)

- 1) Ainsley Nies
- 2) Nancy Mahr
- 3) Charmen Goehring
- 4) Lynne Batchelor

Additional nominations may be made, with the nominee's permission, until April 4 by following the instructions on the website ([HERE](#)).

Members can read about the candidates by going to the state website, Elections & Nominations section ([HERE](#)). You will find their photos and statements of their goals as well as links to information pages with their vitae and personal contact information so you can ask them questions and learn more about them.

We will also vote on our public policy priorities and a bylaws amendment that clarifies the way vacancies are filled on the state board of directors. This information was published in the newsletter.

On April 18 an email broadcast will go out to all AAUW CA members' email addresses (make sure your current one is in the AAUW national membership records!) The email message will contain personal voting codes and links to the election site. Those members who do not have email addresses or the message bounces, will be sent postcards with the voting information and instructions how to receive paper ballots to mail.

The voting period is April 18 – May 8, 5:00pm.

Results of the election will be available and posted on the AAUW California website within 24 hours of the close of voting. The newly elected people will join the continuing board on July 1, 2015.

If there are questions about voting procedures, please contact me at nominating@aauw-ca.org.

Harriet Tower, Chair, Nominations & Elections Committee

News & Events (Continued)**Lunch with an Author**

The Santa Maria branch of AAUW is pleased to announce that they are having a "Lunch with an Author" with Ashleigh Brilliant on March 21, 2015 at the Santa Maria Inn. Please find all the information below in the attached flyer. We are excited to bring this event back to our community, and allowing a single author more time to share their story and answer questions. We hope you will all join us for this event!

Jeni Olivera, Event Co-host

AAUW
Santa Maria

"Lunch With An Author"
Ashleigh Brilliant

Saturday, March 21, 2015
11:00 am - 2:00 pm
Santa Maria Inn
801 S. Broadway, Santa Maria, Ca
Cost: \$35.00
Meal Choices:
Chicken Croissant, Grilled Salmon,
Vegetarian Wrap

Reservation Deadline: March 11, 2015

Mail your check, payable to AAUW to:
AAUW Author Event
142 Riverside Ct.
Santa Maria, Ca 93458

For more info: 805-928-2029

Membership

Welcome our new member!

Tom Parks is our 108th member! Yay! Please welcome him to our AAUW family:

Please join us for fun, food, and friendship!

On Friday, February 6 we will have “Wine and Conversation” at the home of Marell, Lompoc, from 5:30 to 7:00. We have many new members and we want to provide an opportunity for everyone to learn more about our branch, our mission and goals, and ways to become active in our branch activities. We encourage all new members to attend and meet other new members, long term members, and the board members. All members are invited for fun, food, and friendship with like-minded women! By becoming involved, everyone can help keep our branch vibrant and strong. Please RSVP to Barbara Bolton, 733-4950 or bbolton826@gmail.com by Monday, February 2. If you have a friend whom you think might be interested in joining AAUW, please bring her/him or contact Barbara.

Thank you, Barbara Bolton, Membership VP

BREAKING THROUGH BARRIERS FOR WOMEN AND GIRLS

Programs

Healthy Luncheon

Chicken Tortilla Soup, Carne Asada and Black Bean Chili, Pineapple Pork, veggies and fruit. Healthy for sure!! That's what we want to be in 2015. Kristen has invited Melinda Reed, a registered Dietician, who works at the Vandenberg Air Force Base Hospital and Health and Wellness Center to speak with us on "Nutrition after 50"

Join us for a potluck lunch Sat Feb 28. 11:30 am followed by Melinda's strategies for a healthier lifestyle. If you are interested in making any of the items mentioned above, the recipes Kristen has furnished are available. If you have a preferred recipe you like to make please let us know what to expect and we will put you on the list.

The fun takes place at the Providence Landing Clubhouse, 697 Mercury Avenue in the south village. Email or call RSVPs to Cathy or Kristen.

Cathy

Public Policy

Roe v. Wade Anniversary: From the AAUW website

The national fight over abortion rights took center stage last week when House Republicans dropped plans to vote on a 20-week abortion ban after two dozen Republican members, led by Rep. Renee Ellmers (R-NC) and other GOP women, voiced opposition to a provision requiring rape survivors to report the assault to law enforcement in order to access abortion after 20 weeks. The GOP women's willingness to so publicly buck their party leadership was unusual and welcome, especially this early in the new Congress. AAUW appreciates their leadership, though of course would rather have seen them oppose the entire bill, not just one piece of it. In the end, the House pivoted and passed a more far-reaching anti-choice bill that would restrict both public and private insurance policies from covering abortion, regardless of a woman's circumstances or needs. House leaders have also vowed to bring up the 20-week ban at a later time.

As all of this was taking place in the House, Senate Democrats introduced the Women's Health Protection Act, an AAUW-supported bill that would protect access to safe, legal reproductive health care so that women can make their own decisions with advice and support from those they trust the most. In other parts of Washington, D.C., that day, anti-choice supporters held their annual "March for Life," and AAUW attended a pro-choice rally at the Supreme Court to stand up for women's fundamental right to make important medical decisions without government interference.

Our local branch joined with the other County AAUW branches to support the local Pro-Choice Coalition ad which appeared in the Santa Barbara Independent.

Marell, Public Policy Chair

Interest Groups

Armchair Travelers

Our meeting at Mary and Bob 's home will be rescheduled. Mary and Bob are to talk about their trip to the Galapagos Islands. Please stay tuned and check your email.

March 26th we will have Jana talk about her cruise/trip to Iceland. Location will be announced later.

Please RSVP to Sally. If you have an idea for a program please call Sally with your ideas.

Sally

Dine out, Food, Fun and Friends Group (2nd Thursday of the month)

The Thursday night dine-out group will be going to Dong Hae Japanese Restaurant at the corner of H and College on Thursday, February 12. Meet there at 6:00 p.m. Dong Hae has 4 and 5 star ratings from over 18 reviews like Yelp and Trip Advisor. They have good quality fish and creative roll combinations.

We're trying to stay in town until it starts staying lighter longer. Email your RSVP to Leslie.

Leslie & Billye, Chairs

Roaming Readers

<u>Date</u>	<u>Book</u>
February 2	<i>The Glass Castle</i> by Jeanette Walls (Eileen James)
March 2	<i>The Boys in the Boat</i> by Daniel James Brown (Judy Rarick)
April 6	<i>This House of Sky</i> by Ivan Hoig (Cathy Rudolph)

Roaming Readers meets for breakfast and discussion at 9:00 a.m. on the first Monday of each month, unless that day is a holiday. In that case, we meet at the same time on the second Monday of the month. Meeting place is selected by each month's host. All AAUW members are invited to attend and welcome to join the group at any time.

Co-chairs: Carol Ann and Cathy

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Interest Groups (Continued)

P.M. Book Explorers



February 18, "The Valley of Amazement" by Amy Tan, Kristen Lewis discussion leader. Since this book is so long, 900 plus pages, read through Chapter 7 for February.

Location: Cathy, Beverage: Cathy, Treats: Barbara

March 18, "The Valley of Amazement" by Amy Tan, Part 2, chapter 8 to the end

Location: Dianne Owens, Beverage: Dianne Owens, Treats: ??

April 15, "The Meaning of Human Existence" by Edward O. Wilson

May 20, "Goldfinch" by Donna Tartt

We usually meet the 3rd Wed. of each month at 7 pm. Members whose homes are not convenient for meetings can volunteer to bring treats or beverages. The hostess will provide water and tea. Please e-mail me your volunteer treats or beverage and possible book choices.

We are always looking for additional "explorers" so please feel free to contact Gail for further information.

Gail, Chair

Mission Walkers Group

Join the AAUW women who walk the La Purisima Mission every Monday through Friday at 8:30 am. Just show up to enjoy the walk and company. If you need more information, contact Marell. If you are interested in walking on the weekends, please let the group know.

Calendar of Events

January 22	<i>to be rescheduled</i> - Armchair Travelers – Bob & Mary’s Travels
February 2	Roaming Readers: <i>The Glass Castle</i> by Jeanette Walls
February 3	Board meeting, 6:45 pm, Dianne’s home
February 6	“Wine & Conversation”, New Member Meet & Greet, Marell’s home
February 7	Joint Branch Fellows Luncheon in Santa Maria
February 12	Dine Out Group at Dong Hae
February 18	PM Book Explorers, <i>The Valley of Amazement</i> by Amy Tan, Part 1
February 28	Healthy Gourmet Luncheon
March 2	Roaming Readers: <i>The Boys in the Boat</i> by Daniel James Brown
March 3	Board Meeting, 6:45 pm, Dianne’s home
March 7	Women’s Literary Festival in Santa Barbara
March 18	PM Book Explorers, <i>The Valley of Amazement</i> by Amy Tan, Part 2
March 21	SM AAUW Lunch with an Author, <i>Ashley Brilliant</i>
March 26	Armchair Travelers – Jana’s Travels
April 6	Roaming Readers: <i>This House of Sky</i> by Ivan Hoig
April 14	Equal Pay Day
April 15	PM Book Explorers, <i>The Meaning of Human Existence</i> , by Edward O. Wilson
April 18	AAUW CA Annual Meeting, Manhattan Beach
April 18 – May 8	AAUW CA voting period
April 19	AAUW Southern California Leadership Day, Manhattan Beach
May 1	Branch Annual Meeting and Potluck Dinner
May 20	PM Book Explorers, <i>Goldfinch</i> by Donna Tartt
June 18-21	AAUW National Convention in San Diego

Lompoc-Vandenberg AAUW Branch Information

LV Branch Website: <http://lompocvandenberg-ca.aauw.net/>

LV Branch Mailing address: P.O. Box 2523. Lompoc, CA 93438

Facebook: Lompoc-Vandenberg AAUW

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research. AAUW values and seeks a diverse membership. There is no barrier to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, or disability.

Scattered Seeds Editor: Julie