



Lompoc-Vandenberg Inc. (CA) Branch

From Pat's Desk.....

January was an eventful month for everyone in the US and for women in particular. Over one million people participated on January 21 in Women's Marches in the US and around the world. Estimated crowds were much larger than expected. While some may view these marches as Anti-Trump protests I look at them as a way to call attention to Women's Rights as human rights. Here are few facts that we need to remember about how hard women have had to fight for basic needs and fairness. Women did not have the right to vote until 1920. An unmarried women could not get birth control in all 50 states until 1972. Women could not serve on a jury in all 50 states until 1973. Women could not legally get an abortion until 1973 or sue for sexual harassment until 1977. They could be fired from their workplace for being pregnant until 1978. They could be refused a credit card in their own name until 1974. And they could find themselves paying different rates than a man for health insurance until 2010. Women are still not paid the same as men. I salute the women who have stepped forward in the past to challenge rules or policies that existed to make things better for all of us. The Women's March's on Jan 21 called attention to rights for fairness for not just women but for all.

I will again encourage you to become a member of the two minute activist. It is a good way to express your opinions to your representatives. This is one of the things I learned from the meeting with the AAUW lobbyist, Shannon Smith-Crowley.

Pat Grijalva, President

Tech Trek

The teacher recommendation sheets have been delivered to the two middle schools. Their nominations are due February 13th. At that time, the girls will be given applications to fill out and return to their school counselor. SpaceX has committed to funding three campers again this year, and our branch will fund two.

Save March 18th for our Applebee's breakfast fundraiser...it was very successful last year. I have sent out the tickets, and I am looking forward to seeing many of you there again this year. Your support for this week long Tech Trek camp at UCSB is a life changing experience for girls in our community.

Thank you,

Wynn

AAUW Fund

"You didn't just give a donation; you gave someone a chance to achieve her dreams. By providing the necessary resources to fuel AAUW's programs and mission, you are making a difference in the lives of countless women and girls.

"Your philanthropy is crucial to AAUW's work to advance equality for women and girls. I thank you for your gift and your continued commitment to the challenges we face – and the challenges we can overcome – together.

"When you and I support AAUW, we are powerful. And women and girls become powerful because of us."

----acknowledgement letter excerpt from Patricia Fae Ho, AAUW Board Chair, in response to our 2015- 2016 branch AAUW Fund donation

Kati, AAUW Fund Vice President

Membership

Why be a AAUW member?

- National organization who continues to make a difference on critical women's and civil rights issues.
- AAUW offers friendship with like-minded people and an arena for making a positive contribution in your community.
- **Public Policy:** Highlight national priorities of AAUW
- AAUW supports a strong system of public education that promotes gender fairness, equity, and diversity
- AAUW helps all women achieve economic self-sufficiency
- AAUW helps guarantee equality, individual rights, and social justice for a diverse society

Who can hold a membership?

Membership is open to all people who hold an:

- Associates degree or higher
- Has an interest in advancing equity for women and girls through advocacy, education, philanthropy, and research.

AAUW Dues:

The national association of AAUW is offering 50% reduction in the national dues to new and lapsed members who join on the spot at a community event.

The breakdown: National dues: \$24.00

State dues: \$20.00

Local dues: \$17.00

1st Year total: \$61.50

Other ways to be involved:

- Interest groups
- Participate in a community action project
- Start your own interest group

EVEN IF ONE CANNOT BE ACTIVE, YOUR DUES SUPPORT EQUITY FOR WOMEN AND GIRLS AT THE LOCAL, STATE, AND NATIONAL LEVEL. 😊

Kari, Membership V.P.

Programs

February 11, 2017: Healthy and Happier Me

It isn't too late to get back to those New Year's Resolutions! Remember the ones you made about exercising more and eating only healthy food? Please join us February 11 to hear two experts tell us how exercise benefits our bodies and how we can keep our brain healthy. We will begin with a "heart and brain-healthy" breakfast brought to you by your branch board members! You don't need to bring anything—just come! We won't be doing floor exercises, so wear your dressy casual and leave your yoga mat at home. Wear something RED as February is *Healthy Heart Month!*

WHEN: February 11, 2017 at 9 am

WHERE: Valley of the Flowers Church, 3346 Constellation Rd, So. Vandenberg Village

WHO: All AAUW members, prospective members and guests

SPEAKERS: Karin Montoya, Fitness Instructor, Pier Fitness
Catherine Walsh, Occupational Therapist

RESERVATIONS: Dianneowens9@gmail.com or 805-733-1734 by February 9th

Hope to see you there!!

AAUW Central Coast Fellows Luncheon, February 25, 2017

Each year the Santa Barbara County Interbranch Council (SBC IBC) branches and the San Luis Obispo County Interbranch Council (SLOC IBC) branches join together to celebrate the AAUW Fund and recipients of the grants and fellowships awarded each year. This year we are celebrating the Legal Advocacy Fund at the Santa Maria Country Club and our guest speaker is Aileen Rizo, a 2015 Legal Advocacy litigant from Fresno, CA. Please join us to hear a fantastic speaker and learn about her journey to be paid what she was worth!

The following flyer has the information for reservations and a short biography of Aileen. Please note that reservations are due by March 12 to Dianne Owens and tickets are \$30 each. Meal choices should be included on the check made out to AAUW.

Programs (Continued)



IBC FELLOWS LUNCHEON

Sponsored by Santa Barbara & San Luis Obispo County Interbranch Councils



Leadership for Women, by Women

Saturday, February 25, 2017

11:00 AM-2:00 PM

Santa Maria Country Club

505 W. Waller Lane, Santa Maria

Tickets: \$30

Opening Remarks

Donna Mertens, AAUW CA President

Sharon Westafer, AAUW Fund

Keynote Speaker

Aileen Rizo, AAUW Legal Advocacy Fund Case, 2015

Please RSVP by February 12 to Dianne Owens, Dianneowens9@gmail.com or (805) 733-1734.

Include your menu choice (beef stroganoff, cobb salad or vegetarian cobb salad) on your check payable to AAUW Lompoc-Vandenberg and mail to 70 Aldebaran Ave., Lompoc, CA 93436.



Aileen Rizo has worked in math education for nearly 20 years in roles such as a classroom teacher, curriculum designer, educational consultant, academic coach, adjunct university faculty, and is currently a Statewide Network Educator for the Smarter Balanced Digital Library. Recently, Aileen has become the face of wage discrimination. She gained the attention of national media and has been interviewed by Maria Shriver of NBC, among others. Her testimony supported the Fair Pay Act as it made it's way through the California Legislature becoming the strongest equal pay bill in the nation.



Programs (Continued)**SANTA BARBARA-GOLETA VALLEY EMPOWERED WOMAN LUNCHEON,
MARCH 8, 2017**

The Santa Barbara-Goleta Valley Branch has invited us to their annual Empowered Woman Luncheon to celebrate International Women's Day on March 8, 2017. The luncheon will be held at the Hyatt in Santa Barbara and the keynote speaker is Kelsey Gerckens, KEYT anchor and reporter and winner of the CBS hit show the Amazing Race.

A flyer follows on the next page with all the details. The luncheon is a fundraiser with all proceeds going towards scholarships. Tickets can be purchased online: <https://www.eventbrite.com/e/aauw-empowered-woman-luncheon-tickets-30826376522> or checks can be mailed to the address noted on the flyer.

Carpools will be arranged for those attending. Please contact Dianne Owens dianneowens9@gmail.com or 805-733-1734 for information.

March 11, 2017: Women's History Month Celebration with Congresswoman Lois Capps

DID YOU KNOW? The public celebration of **women's history** in this country began in 1978 as **Women's History Week** in Sonoma County, California. By 1986, fourteen states had declared March as **Women's History Month**.

In 1987, Congress declared March as National **Women's History Month** in perpetuity. A special Presidential Proclamation is issued every year which honors the extraordinary achievements of American **women**. We will celebrate Women's History Month by honoring recently retired Congresswoman Lois Capps at the Vandenberg Village Country Club (now the Mission Club) on Saturday, March 11, 2017. Senator Hannah Beth Jackson, SB County Supervisor, 3rd District, Joan Hartmann and Lompoc City Councilwoman Jenelle Osborne have been invited to attend.

WHEN: Saturday, March 11, 2017 at 9:30 am

WHERE: Vandenberg Village Country Club (Mission Club), 4300 Clubhouse Road, VV

WHO: All AAUW members, prospective members and guests

KEYNOTE SPEAKER: Congresswoman Lois Capps


RESERVATIONS: dianneowens9@gmail.com or 805-733-1734 by March 3rd

COST: Tickets \$20 each by March 3rd to Dianne Owens, 70 Aldebaran Ave., Lompoc
Checks should be made out to AAUW

Cancellations by March 3--sorry, no refunds after that date

Invite your friends and join us for a delicious brunch and a great program!

Programs (Continued)



Celebrate International Women's Day

EMPOWERED WOMAN

LUNCHEON
with
KELSEY GERCKENS
Emmy Award-Winning KEYT Reporter and CBS's Amazing Race Winner

MARCH 8, 2017 • 11:30 AM-1:30 PM
HYATT SANTA BARBARA, 1111 E Cabrillo Blvd

\$90 AAUW members, \$100 non-members
Proceeds benefit AAUW grants for women in higher education



KELSEY GERCKENS is a TV News Reporter and Anchor at KEYT-TV, the ABC station in Santa Barbara, California. She has received an Emmy and Golden Mike award for her breaking news coverage. She and her Fiancé Joey Buttitta won the hit show on CBS, The Amazing Race. When she is not chasing down the day's top stories, she loves traveling the world and spending time outdoors.

The Empowered Woman Luncheon celebrates strong, independent women of integrity who are role models in our community.

Hosted by AAUW Santa Barbara-Goleta Valley—dedicated to advancing equity for women and girls.

Purchase tickets today at: BIT.LY/AAUWEMPOWER

Or mail check with order details to SB-GV AAUW, PO Box 802, Goleta, CA 93116

For more information, visit www.sbgv-ca.aauw.net or email sbgv-ca@aauw.net.

Programs (Continued)

The Lompoc-Vandenberg Branch will have a display in the window at Southside Coffee House during the month of March to celebrate Women's History Month.

Save the Dates:

April 22 AAUW CA Annual Meeting, Marriott, San Francisco Airport

April 22-May 12 AAUW CA Election by electronic vote or mail-in ballot

July 29 SBC IBC PCPA production, "Newsie the Musical", Solvang Theaterfest

**SAVE THE DATE!**

The North County Rape Crisis and Child Protection Center and the Billion Rising Committee, Announce the 2017 Rising!

This year, the focus around the world is the sexual exploitation of women. Come learn how our county is fighting against this crime and helping survivors reclaim their lives.

Watch This Year's Billion Rising Video: <https://youtu.be/rgbawrWUPu0>

When: February 11, 2017

When: 11:00 – 1:00 PM

Where: Lompoc City Hall by the Fountain

There Will Be:

Drum Circles – Dancing – Singing - Spoken Word

Information Booths and Art Tables!

For more information or to reserve your space at this event,
please call or email Alison Wales at 736-8535 or Alison@ncrccpc.org

Dianne Owens, Program VP

Interest Groups

Mission Walkers Group (Weekdays)

Join the AAUW women who walk the La Purisima Mission every Monday through Friday at 8:30 am. Just show up to enjoy the walk and great company. If you need more information, contact Marell. If you are interested in walking on the weekends, please let the group know.

Armchair Travelers (4th Thursday of the month)

February 23 at 7:00 p.m. Sally will share her River Cruise in Eastern Europe. They visited seven countries and traveled on the Danube River from Budapest to the Black Sea. Sally just completed her scrapbook and will have a Movie Maker presentation also. Please RSVP.

March 23 at 7:00 p.m. Joyce and her daughter, Bettie, will share their times in Australia. Joyce was stationed in Melbourne during WW II. She should have some wonderful adventures to share with us. We will meet at Joyce's home.

April 27: Denise will share her trip to Japan

Let Sally know if you would like to present your trip or if you know of anyone that would be willing to present to our group.

Sally, Chair

Dine out, Food, Fun and Friends Group (2nd Thursday of the month)

The eaters will go to the Suvan's Kitchen restaurant 129 West Central Ave., in Lompoc on Thursday, February 9th. Suvan's has Thai, Chinese, and Laotian food. It is a small restaurant so we must give them an accurate count to set up tables. We will meet at the restaurant at 6:00 p.m.

Please RSVP to Billye or Leslie. We hope to see you there.

Leslie & Billye, Chairs

Interest Groups (Continued)

Roaming Readers (1st Monday of the month)

<u>Date</u>	<u>Book</u>
Feb. 6	Room: a Novel by Emma Donoghue (Judy)
Mar. 6	Hillbilly Elegy by J.D. Vance (Leigh)
Apr. 3	A Gentleman in Moscow by Amor Towles (Sally)
May 1	Molokai by Alan Brennert (Mary)
June 5	Defending Jacob by William Landay (Eileen)
July 3	The Bad-Ass Librarians of Timbuktu by Joshua Hamamer (Cathy)
Aug. 7	Oregon Trail by Rinker Buck (Shirley)

Roaming Readers meets the first Monday of each month at 9:00 a.m. at a place of the host's choice. If a holiday falls on the first Monday of the month, we meet on the second Monday. Guests are always welcome. Questions can be directed to the co-chairs: Carol Ann and Cathy.

Co-chairs: Carol Ann and Cathy

P.M. Book Explorers (3rd Wednesday of each month)

February 15, "The Ringmaster's Wife" by Kristy Cambron; Location Dianne Owens; Treats - ??; Drinks – Gail.

We usually meet the 3rd Wed. of each month at 7 p.m. Members whose homes are not convenient can volunteer to bring treats or beverage. The hostess will provide water and tea. Please e-mail me if you would like to volunteer treats or beverage and possible book choices. The following books have been suggested; "My Stroke of Insight", "In Dubious Battle", "The Rocket Girls", "Rogue Lawyer", "Just Mercy" . If you suggest a book, please check to see if it is in paperback. Some of our members do not use e-books and find hardbacks would not be their first choice to purchase if the book is not available through the library. The three books listed are all available in paperback. We need to pick a book for March. Please send me your choice. We are always looking for additional "explorers" so please feel free to contact Gail.

Gail, Chair

Interest Groups (Continued)

AAUW WOW Group —“Women Of Wine”

The Women of Wine group will not be meeting in February, but check the March newsletter for information on the next meeting. Contact Billye for more information.

Billye

Calendar of Events

February 6	Lompoc-Vandenberg Village Branch Board Meeting
February 6	Roaming Readers: “Room: a Novel” by Emma Donoghue
February 9	Dine Out Group: Thai Cuisine in Lompoc
February 11	“Healthy and Happier Me” Brunch & Program
February 11	One Billion Rising
February 15	PM Book Explorers “The Ringmaster’s Wife” by Kristy Cambron
February 23	Armchair Travelers: Eastern Europe River Cruise with Sally
February 25	Interbranch Council Fellows Luncheon, Santa Maria Country Club
March 6	Roaming Readers: “Hillbilly Elegy” by J.D. Vance
March 8	Santa Barbara-Goleta Valley Empowered Woman Luncheon
March 11	Women’s History Month Celebration with Congresswoman Lois Capps
March 18	Applebee’s Fundraiser for Tech Trek
March 23	Armchair Travelers: Australia with Joyce and Bettie
March 28	Women of Wine-Syrah Blind Tasting—contact Billye or Wynn
April 3	Roaming Readers: “A Gentleman in Moscow” by Amor Towles
April 22	AAUW CA Annual Meeting, Marriott, San Francisco Airport
April 22-May 12	AAUW CA Election by electronic vote or mail-in ballot
April 27	Armchair Travelers: Denise Aylward will share her trip to Japan
June 14-17	AAUW National Convention in Washington D.C.
July 29	SBC IBC PCPA production, “Newsie the Musical”, Solvang Theaterfest

Lompoc-Vandenberg AAUW Branch Information

LV Branch Website: <http://lompocvandenberg-ca.aauw.net/>

LV Branch Mailing address: P.O. Box 2523. Lompoc, CA 93438

Facebook: Lompoc-Vandenberg AAUW

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research. AAUW values and seeks a diverse membership. There is no barrier to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, or disability.

Scattered Seeds Editor: Julie