



Lompoc-Vandenberg Inc. (CA) Branch

From Dianne's Desk...

On Saturday, June 27, we held our 4th Annual Planning Retreat. We began by first reflecting on what we accomplished this past year. We all agreed that 2014-15 was a busy and successful year with an increase in members to 121, successful programs that impacted the Community and great participation from our members in all of our meetings and interest groups! The results of the morning with several of our brilliant and engaged members can be found on page 4. The Board will discuss the goals and objectives July 7 at 6:45 pm at my house.

Cathy Trevino and I traveled by train to the National AAUW Convention in San Diego, June 18-21st. We learned from inspirational speakers, lively panels and instructive workshops during the 3 days! We came home invigorated and enthusiastic about our upcoming year. Over 1,200 AAUW members celebrated the progress that was made for women and girls these past two years and committed to do even more this next year to prevent erosion of women's rights and to continue the work ahead. Convention 2017 will be in Washington, DC June 14-17.

Mark your calendars for our Membership Event on Saturday, August 15 at Providence Landing Clubhouse. Please invite a prospective member to join us. Our first meeting and program of the year will be Thursday, September 17 at the Lompoc Library featuring our four Tech Trek campers and our Allan Hancock College NCCWSL national scholarship winner, Aurora Rubacalva.

We are "Moving Forward" this year and I hope you will join us for the ride!

Dianne Owens, President

News & Events

2015-16 Branch Directory Deadline

Monday, August 17, 2015 will be the deadline for members to be listed in the new 2015-16 Directory! This includes all returning members! Don't hesitate—write your check today for \$86 and mail to Barbara. National dues are \$59, CA dues are \$20 and Branch dues are \$17. Life members pay \$37. Dual members pay \$17.

We hope that you are planning to renew your membership in the Lompoc-Vandenberg Branch, AAUW and support our mission to advance equity for women and girls through advocacy, education, philanthropy, and research. Your membership in AAUW is very important to us.

Our branch has opted-in to the AAUW Membership Payment Program (MPP), a secure, on-line dues processing alternative that will allow members to pay their national, state, and local dues on-line with a credit card. To pay on-line, you need to go to aauw.org, log-in, and go to the Member Service Database (MSD). Enter the MSD, on the left side of the page click Membership Payment Program (MPP), renew my membership.

Money is available to assist any member needing help to pay their AAUW national dues. All requests are confidential; please contact Barbara for more information.

Please pay your dues today! We want to include you in the 2015-16 Directory! If you have a change to last year's directory information, please let me know by August 17, 2015!

Dianne

Branch Directory Ads

Once again we will be soliciting ads to defray the expense of printing and mailing our annual Membership Directory! Can you help by asking your friends to purchase an ad? And you can also purchase an ad (or maybe two or three) for your favorite merchant(s)! Business card size is 1/3 page for \$15 each. Or ½ page for \$25. A full page ad is \$50.

Camera ready copy for ads is due August 1. The ads will be black and white. Last year we paid for the printing of the directory with our ads. Can we exceed that this year and pay for the mailing of each directory –70 cents each? That way most members will receive their directory in their mailbox!

Dianne

News & Events (Continued)

AAUW Convention 2015

Cathy Trevino and I attended AAUW Convention 2015 in San Diego June 18-21. We took the train with AAUW members from San Luis Obispo County, Santa Maria and Santa Barbara-Goleta Valley. The enthusiasm and excitement were high and we had great conversations on the way!

We heard fantastic speakers at plenary sessions, attended motivational workshops, celebrated our successes and vowed to continue working on Title IX civil rights issues, pay equity, women's health issues and encouraging women to take leadership roles and run for public office—just to name a few! We started early and ended late each day, but what fun it was!

We hosted a table on our award winning programs on “Human Trafficking” at 7 am and ran out of handouts! Who knew so many AAUW members would rise so early to learn more about Mission Based Programming? We loved talking about our November and April meetings, of course!

And we learned the results of our national election! Every two years, AAUW's national election offers members the chance to share their opinions on proposed amendments to the AAUW Bylaws and Public Policy Program, as well as to select the members of the national AAUW Board of Directors. The 2015 election was a great success, with 12 percent of our members voting — more than double the 5 percent quorum required by our bylaws.

Here are the results of the 2015 AAUW National Election. For details about the AAUW Bylaws and Public Policy Program ballot issues, please go to aauw.org. We elected: **AAUW President**, Patricia Fae Ho; **AAUW Vice President**, Alicia Hetman; and **Directors**, Susan Barley, Malinda Gaul, Eileen S. Hartmann, Ellie Hill, Traci Jensen, Melissa Johnsen, Dot McLane, Rebecca Norlander, Glenda D. Price, Pam Thiel. You can learn more about these women in the Spring/Summer edition of *AAUW Outlook* magazine.

All of the proposed **AAUW Bylaws amendments passed except for elimination of the degree requirement for membership. AAUW membership will continue to require an Associates' degree or higher.**

And all the 2015-17 AAUW Public Policy Program proposed additions passed! For more information, go to [AAUW.org](http://aauw.org), as more convention information is added daily!

Watch the new video, “One AAUW” at <http://www.aauw.org/resource/one-aauw-video/> to learn more about AAUW and our accomplishments since 1881.

2017 AAUW Convention will be in Washington, DC June 14-17. It will be even bigger and better! Let's plan to attend!!

News & Events (Continued)**Lompoc-Vandenberg, AAUW Planning Retreat Results****2014-15 Successes:**

- Membership increase –121 (goal was 110)
- Mission Based Programming
- Outstanding Member Participation
- Increase in Tech Trek campers to four (3 sponsored by Space X)
- Excellent communication and newsletter each month
- New and relevant interest groups

Question: What will our branch do in 2015-16 to ensure that everyone knows who we are?**Goal 1: Actively increase our communication with our community.**

- ✓ Write news articles for publicity after events
- ✓ Use influence of social media in local community and outside
- ✓ Involvement in community events—wear AAUW shirts
- ✓ Use radio for PR along with newspapers, TV and Chamber events
- ✓ Organize “public Issues/problems” discussion groups
- ✓ Wear “Ask Me About AAUW” buttons, label signs
- ✓ Outreach to teachers, military, AHC campus
- ✓ Establish a Branch Twitter account; join local Facebook pages

Goal 2: Expand Public Service Programs

- ✓ Discussion of women’s reproductive rights
- ✓ Violence against women program
- ✓ Organize Primary and General Election Candidate Forums
- ✓ Update on Human Trafficking

Goal 3: Inform community how to achieve healthy life styles

- ✓ Organize Women’s Health Fair with Hospital and other community groups
- ✓ Include Physical fitness, yoga/chair exercises, testing
- ✓ Include Healthy Gourmet nutrition outreach

Goal 4: Provide Educational Support

- ✓ Organize a panel of AAUW High School Scholarship recipients for branch
- ✓ Organize/participate in Career Days at schools

News & Events (Continued)

Lompoc-Vandenberg, AAUW Planning Retreat Results (Continued)

- ✓ Educate members and community how AAUW Funds help women and girls
- ✓ Help high school students find scholarships available
- ✓ Organize mentoring program for Tech Trek girls
- ✓ Establish AAUW Mentorship Program for High School, Community College women

If you have suggestions or comments, please let me know.

Public Policy

The recent Supreme Court decision on the Affordable Care Act supports the AAUW priority position of a strong health care system for all people. Hopefully, this decision regarding the ACA will once and for all settle the legality of the law. Women are especially concerned that the ACA is not used as a political football. According to AAUW, "the ACA, the health care reform law enacted in 2010, has had significant impacts on women's health.

- It ends the practice of "gender rating." Gender rating is the process by which insurance companies charge men and women different premiums for individually purchased health care plans. Under the ACA, gender rating was banned for plans offered in both the individual and small-group markets (defined as organizations employing 100 or fewer persons) beginning in 2014. Unfortunately, insurance companies may continue to pursue this discriminatory practice under plans offered in the large-group market.
- It requires coverage of women's reproductive health services. While AAUW supported this coverage in the ACA, unfortunately the law also required insurance companies providing abortion coverage to collect two separate payments from each enrollee: one for the portion of the premium covering abortion care, and one for the remainder of the premium itself. This could endanger women's health care access.
- It ensures access to and coverage of preventive services and care. The law contains a specific women's health provision under which insurance companies will be required to cover additional preventive health care and screenings for women — such as contraceptives, mammograms, gestational diabetes screening, and pap smears — at no additional premium or co-payment cost."

Another significant Supreme Court decision supports an AAUW priority issue, equal rights. The SCOTUS majority voted to legalize marriage for all Americans. I like President Obama's quote: "Love is love". It's that simple.

Marell, Public Policy Chair

Programs

Mark your calendar so you don't miss an **Evening of Empowerment**.

Thursday, Sept. 17th starting at 6:30 pm at the Lompoc Library Grossman Gallery, we will hear our 4 Tech Trek campers tell us what it meant to them to be selected and attend Tech Trek at UCSB. We will be joined by Aurora Ruvalcaba, AAUW NCCWSL Scholarship winner from Santa Maria, graduate of Allan Hancock and Junior, at UCLA, speak about and share photos from her experience at this life changing event. At the suggestion of Dianne Owens, Aurora applied for and received a scholarship to attend the AAUW National Conference for College Women Student Leaders at the University of Maryland in May of 2015. Upon her return, Aurora stated in her email of thanks, "It has really motivated me to take charge of my leadership roles not just on campus, but in our community and I have come back truly empowered."

Tech Trek

July is AAUW Tech Trek Santa Barbara Month

Our Branch has raised enough money with the help of a generous donation from Space X to send four campers, two from each middle school, the second week of camp at UCSB. Our girls will be there the week of July 26-Aug. 1st. There is a visitor's day, including a camp tour, on Thursday July 30th in the morning. Branch members, Pat and Cathy will serve as Dorm Moms that week. If you can't make the 2nd week, you are welcome to visit the prior Thursday, on July 23rd, also in the morning. Branch members, Dianne and Cathy will serve as Dorm Moms that week. You are invited to stay and have lunch at 11:30 for only \$12.00 where you can eat all you want and join in on the lunchtime fun. Please contact Cathy for a reservation or to carpool.

Cathy, Program VP

Membership

Join us at Providence Landing for our Membership Mixer

Saturday, August 15th we will greet continuing as well as prospective members for a Brunch starting at **10 a.m.** This is the time to invite your friends who would be interested in hearing about the mission of AAUW and all the benefits of membership. Please bring a healthy brunch item to share. Beverages will be provided. Providence Landing Clubhouse is located at 699 Mercury Avenue in South Vandenberg Village. **Please RSVP** to Cathy by Thurs. Aug 13th.

Membership (Continued)

Welcome New Members

We now have 121 members and still growing! Thanks to our members' support and enthusiasm for AAUW, our branch continues to grow and make a difference in our community. Please welcome the following new members to our Lompoc-Vandenberg Branch of AAUW.

*Thank you,
Barbara , Membership VP*

Interest Groups

Armchair Travelers

There will not be a meeting in July, we are all traveling.

August 27 at 7:00 p.m. Stacey will present her trip to China where she has a lot of adventures to tell us about: "My trip to China was 19 days long we started in Hong Kong then went from the East side of China to the center Xian and ended in Beijing. We walked on the Great Wall and in the Forbidden City and saw the Panda zoo and several live shows and many Chinese cities and places along the way. Come see all the beautiful architecture and people of China as we travel by plane, bus and train through China."

Let's meet at Stacey's home in the Village. Please RSVP to Stacey or Sally.

September 24th at 7:00 p.m. Kari will present her trip to Alaska: Travel to Fairbanks, then on the train to Denali, then to Anchorage for a 7 day cruise to Vancouver BC. While in Skagway we even took the White Pass train to Canada! Presentation will be at Kari's home in the Village.

Please let Sally know if you would like to present your trip or if you know of anyone that would be willing to present to our group.

Sally

Roaming Readers

Date	Book	Moderator
July 6	Still Alice (Lisa Genova)	Myra
August 3	I am Malala (Malala Yousafza)	Diane
Sept. 14	Killing Patton (Bill O'Reilly)	Betty

Roaming Readers meets the first Monday of each month (unless that falls on a holiday, in which case we meet the second Monday) at 9:00 a.m. for breakfast at the restaurant of the moderator's choice. All AAUW members are invited to attend.

Co-chairs: Carol Ann and Cathy

Interest Groups

P.M. Book Explorers



July 15, "David and Goliath: Underdogs, Misfits, and the Art of Battling Giants" by Malcolm Gladwell.

Location - Dianne Owens,
Treats, Kristen;
Beverages, Dianne

We usually meet the 3rd Wed. of each month at 7 p.m. Members whose homes are not convenient can volunteer to bring treats or beverage. The hostess will provide water and tea. Please e-mail me your volunteer treats or beverage and possible book choices. We have not chosen a book for August so be sure to come with ideas for our next meeting. We will also choose a book for September.

I will e-mail our book for August once we decide on a title. The location for our meeting will be Cathy's home.

We are always looking for additional "explorers" so please feel free to contact Gail for further information.

Gail, Chair

Dine out, Food, Fun and Friends Group (2nd Thursday of the month)

The Dine-Out group will be going to the new Lompoc restaurant, Scratch Kitchen, on Thursday, July 9th. The original plan was to go to Los Alamos for the July dine-out but neither restaurant selected is open on Thursday.

Reservations will be at 5:30 p.m. to beat the crowd. Scratch Kitchen is located in the old Dom Pepe Restaurant at 610 North H Street. The website address is <http://www.scratch-kitchen.com>. Entrees will range from \$14.00 to \$26.00.

Hope to see you there!

Leslie & Billye , Chairs

Interest Groups**Healthy Gourmet Interest Group**

Several luncheon attendees have expressed an interest in having Healthy Gourmet luncheons twice per year. As with the first luncheon, we will do potluck again around a theme. Interest group members can discuss and plan before each luncheon either in person or via email. We will also invite a speaker to each luncheon for a talk about our theme.

Please email or call Kristen to join the Healthy Gourmet Interest Group. I will assemble a roster of names and email everyone with the list. Let's start planning our next luncheon! I was thinking about brain food???

Kristen

Mission Walkers Group

Join the AAUW women who walk the La Purisima Mission every Monday through Friday at 8:30 am. Just show up to enjoy the walk and company. If you need more information, contact Marell.

If you are interested in walking on the weekends, please let the group know.

Calendar of Events

July 6	Roaming Readers: Still Alice (Lisa Genova)
July 7	Board Meeting, Dianne's home
July 9	Dine Out Group at Scratch Kitchen
July 11	IBC PCPA Theater Event
July 15	PM Book Explorers, "David and Goliath: Underdogs, Misfits, and the Art of Battling Giants" by Malcolm Gladwell.
July 19 – August 1	Tech Trek at UCSB
August 3	Roaming Readers, "I am Malala" by Malala Yousafza
August 15	Membership Brunch
August 27	Armchair Travelers – Stacey will present her trip to China
September 14	Roaming Readers, "Killing Patton" by Bill O'Reilly
September 17	Program: An Evening of Empowerment
September 24	Armchair Travelers – Kari will present her trip to Alaska

Lompoc-Vandenberg AAUW Branch Information

LV Branch Website: <http://lompocvandenberg-ca.aauw.net/>

LV Branch Mailing address: P.O. Box 2523. Lompoc, CA 93438

Facebook: Lompoc-Vandenberg AAUW

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