

***From Pat's Desk...***

March is National Women's History Month and we will be celebrating with our program and brunch on March 30. History helps us learn who we are, but when we don't know our own history, our power and dreams are immediately diminished. Recognizing the achievements of women in all facets of life – science, community, government, literature, art, sports, medicine – has a huge impact on the development of self-respect and new opportunities for girls and young women. I am sure that each of us can recall a number of women who have influenced our lives.

Each year the National Women's History Alliance selects a theme and this year the theme is "Visionary Women: Champions of Peace & Nonviolence". For generations, women have resolved conflicts in their homes, schools and communities. They have rejected violence as counterproductive and stressed the need to restore respect, establish justice, and reduce the causes of conflict as the surest way to peace. From legal defense and public education to direct action and civil disobedience, women have expanded the American tradition of using inclusive, democratic and active means to reduce violence, achieve peace, and promote the common good.

Some of the honorees for this year are Kathy Kelly, a peace activist and author who has worked in Iraq and Afghanistan; Zainab Salbi, founder and former CEO of Women for Women International; Graciela Sanchez, Co-founder and Director of Esperanza Peace and Justice Center in San Antonio; Sister Alice Zachman, founder of the Guatemala Human Rights Commission, documenting violence against Guatemalans and Mayan indigenous people; Sarah Brady, Leader in the call for gun control after her husband was shot during an attempt to assassinate President Reagan in 1981; Dorothy Cotton, only woman in Dr. King's inner circle and influential in the civil rights movement. You can read more about these women and others at <https://nationalwomenshistoryalliance.org/2019-honorees/>.

From Pat's Desk...(Continued)

I hope that all of you will celebrate Women's History Month by sharing your story or the stories of your mothers or grandmothers. It is amazing how the roles and influence of women have changed over our lifetimes. It is a wonderful time to celebrate accomplishments and achievements.

Pat, President

News and Events**Board Nominations**

Dear Fellow Members,

Our branch is currently looking for nominations for the following positions in the Board of Directors:

- President
- Treasurer
- AAUW Fund VP

Term of office will begin on July 1st and board meetings are once per month. Being part of the branch team is a satisfying and rewarding experience, so give it some serious thought! Our AAUW organization is only as strong as our members who support the branch. Let's get involved together in promoting equity for women and girls!

For questions, please contact us. We look forward to hearing from you!

The Nominating Committee - Barbara, Elena & Leslie

AAUW Speech Trek Contest Results

From left to right: Paloma Pacheco, Karla Paniagua, David Sotelo-Catalan, Jose Cabrera, Nathan Villalpando, Erin McCallon, Madison DeSchryver, and Denise Robles

Karla Paniagua, a junior at Lompoc High School, won first place and \$250 in the Second Annual AAUW (American Association of University Women) Lompoc-Vandenberg Branch Speech Trek Speech Contest held at Lompoc City Hall on February 8.

News and Events (Continued)

AAUW Speech Trek Contest Results (Continued)

High school students from the mid-Santa Barbara County area were invited to participate in the statewide competition that begins at the local AAUW Branch level. The CA AAUW Speech Trek Committee selects the topic each year. The topic this year “How Can We Eliminate Violence Aimed At Our School?” inspired thought provoking original speeches delivered by the eight students: Karla Paniagua, Erin McCallon, Madison DeSchryver, David Sotelo-Catalan, Denise Robles, Nathan Villalpando, Paloma Pacheco, and Jose (Joey) Cabrera. Speeches were presented to a panel of community leaders who served as judges for the contest: Ms. Ashley Costa, Rev. Jane Quandt, Ms. Mischa Dalcerra, Ms. Stacy Lowthorp and Mr. Jeffery Hall; Mr. Bill Thompson served as the alternate judge. The event was heavily attended with standing room only in the Council Chambers.

Erin McCallon was awarded second place and \$150, while Madison DeSchryver was awarded third place and \$100. Lompoc Mayor Jenelle Osborne and AAUW member presented the awards. CoastHills Credit Union was the Gold Sponsor of Speech Trek 2019 and provided the cash awards for this year’s local winners.

Additional community sponsors making this year’s contest possible were: March for Our Lives Action Committee, AAUW members, anonymous donors, Walmart Employee Fund, and Doreen’s Boutique. Gift cards received from local businesses (Vons, Albertsons and Foods Co.) assisted with providing light refreshments for the community reception honoring the students, which followed the contest.

The video of Karla Paniagua’s speech will be entered at CA AAUW for the State semi-finalist round. Videos of all first place AAUW Branch winners from across CA will be reviewed by a panel of judges at the State level to determine the three finalists who will deliver their speeches at the CA AAUW Annual Meeting on April 6, 2019, in San Diego, CA. At the Convention, first place award winner will receive \$1500, second place will receive \$1,000 and third place will receive \$500. The fourth and fifth place finishers will receive Honorable Mention Certificates and awards of \$250 and \$150 respectively.

Here are the 2019 LV Speech Trek links.

<https://youtu.be/2D9DDF959SM>

<https://youtu.be/cG-JWb4-CPc>

<https://youtu.be/dwLd6zDXhrU>

<https://youtu.be/G-Wy7rpuE-4>

<https://youtu.be/EjHrdWFfs2w>

<https://youtu.be/EYp8tUKuMa8>

<https://youtu.be/DjPo9q1ft80>

<https://youtu.be/rJ8GXA679rE>

Pam

AAUW Fund

Celebrating 125 Years of Fellowships and Grants

“The impact of AAUW’s funding is manifested in the remarkable achievements and successes of our former fellows and grantees. The persistent growth and consistency of funding are thanks solely to the outstanding dedication and efforts of AAUW branches and their members. For 125 years, AAUW has provided resources to empower women. We honor this exceptional past and look forward to an amazing future.”

- From AAUW’s official publication celebrating the 125 years milestone.

On Saturday, February 1, the Santa Barbara County Interbranch Council sponsored the annual luncheon for our IBC Fellows at Goleta’s Hilton Garden Inn. The keynote speaker was Daisy Muralles, who is a Career Development Grant recipient working on her M.A. in Library Sciences. At UCSB, concurrent with her studies, she serves as the current information and reference specialist for Library Special Research Collections. Her particular AAUW grant is funded by two Thousand Oaks endowments, Santa Barbara Pearl Chase Endowment, endowments from Santa Maria, Oxnard-Port Hueneme, and two others.

Women’s History Month

Did you know? A woman was elected to Congress before women’s suffrage. Montana’s Jeannette Rankin was sworn in as the first female member of Congress in 1917; all American women were given the right to vote in 1920.

Believing that the AAUW Fund empowers women, girls and everyone else at many levels, here are some current milestones:

- 116th Congress
 - Largest freshman (freshperson?) class in 50 years (127)
 - First Muslim and first Native American women
 - First Latinas elected from Texas
 - Younger (11 under 35)
 - Youngest (29, the youngest ♀ elected to congress)
 - More progressive (the Congressional Progress Caucus was 78 members and is not 96)
 - One of the most highly educated groups of incoming House members in modern history
 - 102 ♀ to House
 - 14 ♀ to Senate
- The number of ♀ running for office shattered records
- The Nevada Legislature has more ♀ than ♂

AAUW Fund (Continued)

Power

“An imbalance of power creates injustice.”

Some of our members at last summer’s planning retreat were right to be concerned about the children being locked up at the border and often separated from parents and other family adults. The Office of the Inspector General report states that ICE does not hold contractors who care for detained immigrants accountable.

The Government report focused on the use of quality assurance plans built into ICE contracts with private companies or governments. ICE contracts out the majority of its detention services.

Only 28 of the 106 facilities investigated even had such plans in their contracts. ICE could have imposed financial penalties, but instead issued waivers to facilities with deficient conditions, seeking to exempt them from having to comply with certain standards.

Poor medical care and dangerous conditions continue to mark ICE facilities.



Thank you for your generous support of the AAUW Fund. Remember, any day is a good day to donate!

Kati, AAUW Fund VP

Tech Trek

The middle school teachers have nominated girls for prospective 2019 campers. I will be meeting with the girls this week to explain the camp and give out applications. Once the applications are returned, our interviewers will meet with each applicant. Great news, SpaceX has agreed to sponsor three campers again this year. We will be able to send five campers to UCSB next summer.

Thanks to all of you who have sent checks for the Applebee’s fundraiser on March 16th. I would appreciate knowing if you will be using your tickets (you may have given them to someone who will be using them) so I have an accurate count of attendees. If you are able to help that day, let me know.

Thanks again for all your support, this is a life changing experience for our campers.

Wynn, Tech Trek Coordinator

Membership

Dear Fellow Members,

Did you know that Board meetings are open to all branch members? Join us at the next one on March 12th, at 6:45 p.m. at Pat's house and learn more about the ins and outs of our 100-member-strong branch. It's one more way you can get involved in promoting equity for women and girls!



Remember: any **new** member joining after March 15th is eligible to pay the full amount of dues (\$99.00) which will cover his/her dues for the remainder of the current plus the following fiscal year. Bring a guest to our upcoming programs and share this opportunity.



For more up to date information, follow us on Instagram @aauw_lompocvandenber and Facebook @AAUW.LompocVandenberg.

Raquel, Membership VP

Branch Programs

Women's History Month Celebration

Senator Hannah-Beth Jackson is scheduled to be the keynote speaker during a Women's History Month celebration at 10:00 am, on March 30th at the Sage Restaurant, 4300 Club House Road in Vandenberg Village.

The Lompoc-Vandenberg Branch of the American Association of University Women (AAUW) is planning this event which is open to the community, and requires a reservation by March 23rd.

Hannah-Beth Jackson represents the 19th Senate District in the California State Senate, which includes all of Santa Barbara County and western Ventura County. An educator, former small business owner and former Deputy District Attorney, she represented the 35th Assembly District from 1998 to 2004 in the California State Assembly.

In the Senate, she is chair of the Senate Judiciary Committee, and serves on several key committees, including the Budget and Fiscal Review Committee, the Natural Resources Committee, the Labor and Industrial Relations and the Public Safety Committee. She is the author of the nation's strongest equal pay law for women and was recently named by the Huffington Post as one of 11 women around the country "blazing new trails" in American politics.

Branch Programs (Continued)

Women’s History Month Celebration (Continued)

Married to retired Superior Court Judge George Eskin, she has a daughter, two stepchildren and six grandchildren.

A brunch buffet will be available at the meeting for \$25. To make a reservation contact Pam. Reservations and checks are required to arrive by Saturday, March 23rd, and should be mailed to Lompoc-Vandenberg Branch AAUW, P.O. Box 2523, Lompoc, CA 93438.

Membership in AAUW is open to all people with an Associate or higher degree, and there are no barriers to full participation in the organization on the basis of gender, race, creed, age, sexual orientation, disability, or class.

Senator Hannah-Beth Jackson



MARCH 30, 2019

10 am - Brunch \$25
Sage Restaurant, 4300 Clubhouse Rd

**WOMEN’S HISTORY MONTH
CELEBRATION
“VISIONARY WOMEN:
CHAMPIONS OF PEACE &
NONVIOLENCE”**

Please join us March 30th at 10 am to hear Senator Hannah-Beth Jackson

DEADLINE: March 23rd
Mail checks to:
Lompoc-Vandenberg Branch,
AAUW
P.O. Box 2523
Lompoc, CA 93438
The community is invited!


Save the Dates:

April 23, 2019 General meeting 6:30, then 7:00 pm Program: “Water is Life”
at Grossman Gallery, Lompoc Library

May 17, 2019 Annual Meeting and Installation of Officers
At Kari’s home

Pam, Program VP

AAUW Start Smart

While at my sorority summer conference, I learned that AAUW has partnered with  TRI DELTA to offer AAUW Start Smart workshops to their chapter members. AAUW Start Smart is specifically designed to teach young university women how to negotiate salaries for a new job. In every two-hour workshop these young ladies gain confidence in negotiation style through facilitated discussion and role-play and learn. In addition, the following is also covered:

- How to identify and articulate your personal value
- How to develop an arsenal of persuasive responses and other strategies to use when negotiating
- How to conduct objective market research to benchmark a target salary and benefits
- About the pay gap, including its long-term consequences

Why is negotiation so important? AAUW's research on the gender pay gap shows that, one year out of college, women are already paid significantly less than men — in 2009, women one year out of college who were working full time were paid, on average, just 82 percent of what their male peers were paid. And those lost potential earnings add up over a lifetime.

By attending these workshops, Tri Delta members learn to negotiate fair and equitable salaries, to be able to pay off loans, buy the things they want and need, and even save (though it may seem like it's far away) for retirement.

It was a pleasure witnessing both organizations whom I belong, to working together for a common cause. The workbook used is informative and comprehensive. If you would like to take a look at one, please let me know. You can also find more information at: salary.aauw.org and #AAUWStartSmart.

Kari, Communications/Publicity Chair

Interest Groups

Dine-out, Food, Fun and Friends Group (2nd Thursday of the month)

The Dine Out group will stay in town for our March soiree in case of inclement weather. We will meet at the Hilton Garden Inn and eat at Valle Fresh, March 14th at 6:00 p.m.

Billye will not be in town so please contact Leslie for reservations.

We hope to see you there!

Leslie & Billye, Chairs

Interest Groups (Continued)

Roaming Readers (1st Monday of the month)

Date	Book & Author	Host
March 4	<i>The Home for Unwanted Girls: A Novel</i> by Joanna Goodman	Shirley
April 1	<i>The Soul of America: the Battle for Our Better Angels</i> by Jon Meacham	Eileen
May 6	<i>The Last Juror</i> by John Grisham	Judy
June 3	<i>The Restless Wave</i> by John McCain	Betty
July 1	<i>Becoming</i> by Michelle Obama	Cathy

Remaining books: *The Girl on the Train* by Paula Hawkins, *An American Marriage* by Tayani Jones

Roaming Readers meets the first Monday of each month at 9:00 a.m. at a place of the host’s choice. If a holiday falls on the first Monday of the month, we meet on the second Monday. Guests are always welcome.

Carol Ann and Cathy, Co-Chairs



P.M. Book Explorers (3rd Wednesday of each month)

March 20 TBD: Contact Gail or another book club member for the current list and location.

We usually meet the 3rd Wed. of each month at 7 p.m. Members whose homes are not convenient can volunteer to bring treats or beverage. The hostess will provide water and tea. Please e-mail me if you would like to volunteer treats or beverage and possible book choices. If you suggest a book, please check to see if it is in paperback or available through the library.

Gail, Chair



Mission Walkers Group (Weekdays)

Join the AAUW women who walk the La Purisima Mission every Monday through Friday at 8:30 am. Just show up to enjoy the walk and great company. If you are interested in walking on the weekends, please let the group know.

Calendar of Events

March 4	Roaming Readers: "The Home for Unwanted Girls: A Novel" by Joanna Goodman
March 12	AAUW LV Board Meeting at our President's house
March 14	Dine Out Group at Valle Eatery at the Hilton Garden Inn
March 16	Applebee's Breakfast Fundraiser for Tech Trek
March 20	PM Book Explorers: TBD
March 30	Women's History Month Brunch with Senator Hannah-Beth Jackson
April 1	Roaming Readers: "The Soul of America: the Battle for Our Better Angels" by Jon Meacham
April 9	AAUW LV Board Meeting at our President's house
April 17	PM Book Explorers: TBD
April 23	General Meeting and Program: "Water is Life"
May 17	Annual Meeting and Installation of Officers
June TBD	General Meeting and Planning for Programs at TBD

Lompoc-Vandenberg AAUW Branch Information

LV Branch Website: <http://lompocvandenberg-ca.aauw.net/>

LV Branch Mailing address: P.O. Box 2523. Lompoc, CA 93438

LV Branch e-mail address: lompocvandenberg-ca@aauw.net

Facebook: [Lompoc-Vandenberg AAUW](https://www.facebook.com/Lompoc-Vandenberg-AAUW)

Instagram: [@aauw_lompocvandenberg](https://www.instagram.com/aauw_lompocvandenberg)

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research. AAUW values and seeks a diverse membership. There is no barrier to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, or disability.

Scattered Seeds Editor: Julie